New Year's Day 2027 | Master Chen Xiaowang personally teaches the Chen-Style 38-Form Tai Chi System Training Class



Usher in the new year and began the year with the fists

On New Year's Day 2027, we sincerely invite martial arts friends from all directions to gather at the sacred Tai Chi site of Chenjiagou. Visit the Chen Xiaowang Tai Chi Training Institute, follow Master Chen Xiaowang, systematically and thoroughly practice the 38-form Chen family Tai Chi, immerse yourself in authentic Chen-style Taiji silk-wrapping internal energy, cultivate yourself and settle your true mind through every move, and start a new year with the Way of Tai Chi.



1. Formula Origin· Orthodox Inheritance

In the 1980s, through long-term external teaching, Teacher Chen Xiaowang discovered that beginners who practiced the old frame directly had numerous moves and heavy repetitive movements, resulting in long learning cycles. Many students easily felt intimidated and struggled to persist in continuous improvement.

To popularize authentic Chen-style Taijiquan, lower the entry barrier, and adapt to the pace of mass practice, Teacher Chen Xiaowang bases his work on the roots of the old Chen style, carefully selects classic core techniques, reduces redundant and repetitive movements, and fully preserves the essence of Chen-style Taiji: silk twining movement and transformation, alternating fast and slow, yin-yang opening and closing, and the power of hardness and softness. He created this authentic, concise, easy-to-learn, and highly practical set of "Chen-style Thirty-Eight Forms of Tai Chi".

In 1986, the monograph "Chen-style Thirty-Eight Forms of Tai Chi" was officially published, and the routines were standardized and passed down through generations. Over decades, they benefited countless Tai Chi enthusiasts at home and abroad, becoming a classic routine for foundational Chen-style Tai Chi introduction, standardizing boxing stances, and strengthening internal strength.



2. Course details

✅Check-in time：31st December 2026（Full-day registration）

✅Training time：1st to 4th January 2027，A full four-day systematic training session。

✅Course content：Master Chen Xiaowang's Personal Teaching: Complete Systematic Explanation of the Chen-style Thirty-Eight Forms of Tai Chi。

✅Training location：Chenjiagou · Chen Xiaowang Tai Chi Training Institute

✅Training tuition fees：RMB 4000.

Note: Tuition does not include room and board; the institute can assist with arranging meals and accommodation, but students are responsible for the costs. On New Year's Day, escape the hustle and bustle and arrive at Chenjiagou, the birthplace of Tai Chi. Listen to authentic hand-taught techniques, correct your boxing stances, master the silk-reeling force, understand the opening and closing power movements, and immerse yourself in the martial arts heritage of Chen-style Taijiquan.



3. Suitable for

3.1 Beginners with zero Tai Chi experience want to get started with authentic core and simple, easy-to-learn Chen-style Tai Chi routines；

3.2 Regularly practiced Lao Jiao for years but struggle with complex moves and vague boxing principles, wanting to organize the core and standardize the stances；

3.3 Those eager to receive direct guidance from Master Chen Xiaowang, correcting deviations in movement, and to strengthening internal skills with diligent practice；

3.4 Tai Chi enthusiasts who want to calm their minds, settle down, cultivate themselves, and start a new chapter with Tai Chi on New Year's Day。



4. Registration Information

This New Year's training with Master CXW personal intensive training is scarce and enrollment is limited; registration closes when the seminar is full.

Interested Tai Chi enthusiasts should register in advance to secure their spots, arrive at the training center on December 31 to complete check-in and participate in the training camp on time。

A new era renews all things

Visiting the sacred land of Tai Chi, inheriting the direct teachings of Master Chen Xiaowang,

he mastered the thirty-eight forms and mastered the true strength of silk reeling, full of righteousness full of Tai Chi and start a new year and a new chapter.



5. Registration and Consultation (WeChat same number)

Domestic：

Huang Sha：15037187076

Wang Shili：15514950000

Wang Na：18838037926

Overseas Enquires & Enrolment：

Lawrence Wong +86 17098808886（Hong Kong）

Email to: lawrencewong383@hotmail.com

and cc email to elliot@tvgltd.com

Xie, Shangxuan +88 6926911001（Taiwan）

Elliot Jacobson +44 7973124400（England.）

elliotjacobson（WeChat）



Chen Xiaowang World Taijiquan Main Association

27th October 2026